



## Our Lady of the Sacred Heart Church Newsletter

April 21, 2024

My Dear Parishioners,

This week our parish will have two wonderful celebrations. Today, Saturday, our third graders will receive their First Holy Communion and on Thursday our seventh graders will receive the Sacrament of Confirmation.

We as a parish family welcome Most Reverend James Patrick Green, retired Archbishop of Vatican Diplomatic Corps. Archbishop Green served the Universal Church for many years as a Papal Nuncio—an Ambassador of the Pope. Yet, Archbishop Green is a local guy. Archbishop Green grew up in St. Timothy's Parish in Mayfair and graduated from Father Judge High School. His family later relocated to the North Wales area.

Archbishop Green studied at St. Charles Seminary and was ordained a priest by His Eminence John Cardinal Krol in 1976. His last assignment before retirement from the Diplomatic Corps was as Papal Nuncio to the Scandinavian Countries.

We as a parish family are honored to welcome him, and we thank him for Confirming our children.

In this newsletter, I have included some wisdom of the Saints to help us better understand the beauty and the power of Holy Communion.

I have also included some instructions on the Sacrament of Confirmation and some additional wisdom of the Saints on Confirmation.

By the way, the Sacrament of Confirmation does not make us full members of the Church. No, it doesn't. Holy Communion makes us full members of the Church as it is the source and summit of our Catholic Faith.

Confirmation does make us witnesses, Soldiers of Christ, and helps us to take the special encounter we have with Jesus in Holy Communion out into the world.

Let us continue to lay siege to Heaven for world peace and for the conversion of all hearts to the Most Sacred Heart of Jesus. Let us also continue to pray for our families, that they will make the practice of our Catholic Faith their number one priority.

Most Sacred Heart of Jesus, have mercy on us!

Our Lady of the Sacred Heart, pray for us!

Fr. Michael J. Pawelko, Pastor

# Wisdom of the Saints on Holy Communion and the Most Holy Eucharist

Courtesy of EWTN ~ <https://ewtn.co.uk/> and Catholic Truth Society ~ [www.ctsbooks.org/](http://www.ctsbooks.org/)

“A thousand years of enjoying human glory is not worth even an hour spent sweetly communing with Jesus in the Blessed Sacrament.” ~ St. Padre Pio

“The courage and strength that are in me are not of me, but of Him who lives in me – it is the Eucharist.” ~ St. Faustina

“Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration.”  
~ St. Teresa of Calcutta

“God dwells in our midst, in the Blessed Sacrament of the altar.”  
~ St. Maximilian Kolbe

“Do you realize that Jesus is there in the tabernacle expressly for you – for you alone? He burns with the desire to come into your heart...don't listen to the demon, laugh at him, and go without fear to receive the Jesus of peace and love...”  
~ St. Therese of Lisieux

“One of the most admirable effects of Holy Communion is to preserve the soul from sin, and to help those who fall through weakness to rise again. It is much more profitable, then, to approach this divine Sacrament with love, respect, and confidence, than to remain away through an excess of fear and scrupulosity.” ~ St. Ignatius of Loyola

“We must not separate our life from the Eucharist. The moment we do so, something shatters.”  
~ St. Teresa of Calcutta

“How many of you say: I should like to see His face, His garments, His shoes. You do see Him, you touch Him, you eat Him. He gives Himself to you, not only that you may see Him, but also to be your food and nourishment.” ~ St. John Chrysostom

“The Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration.”  
~ Pope St John Paul II

“You left us yourself in the Sacrament of the Altar, and you opened wide your mercy to us. There is no misery that could exhaust you. You have called us all to this fountain of love, to this spring of God's compassion.”  
~ St Faustina

“If I can give you any advice, I beg you to get closer to the Eucharist and to Jesus... We must pray to Jesus to give us that tenderness of the Eucharist.”  
~ St Teresa of Calcutta



“Lord Jesus Christ, pierce my soul with your love so that I may always long for you alone, who are the bread of angels and the fulfilment of the soul’s deepest desires. May my heart always hunger for you, so that my soul may be filled with the sweetness of your presence.” ~ St Bonaventure

“We adore you, most holy Lord Jesus Christ, here, and in all your churches throughout all the world; and we bless you, because, by your holy cross, you have redeemed the world.”  
~ St Francis of Assisi

“Many people nowadays say, ‘I wish I could see his shape, his appearance, his clothes, his sandals.’ Only look! You see him! You touch him! You eat him!” ~ St John Chrysostom

“Our sharing in the Body and Blood of Christ has no other purpose than to transform us into that which we receive.”  
~ Pope St Leo the Great

“Go often to Holy Communion. Go very often! This is your one remedy.”  
~ St Thérèse of Lisieux

“Through adoration, the Christian mysteriously contributes to the radical transformation of the world and to the sowing of the gospel. Anyone who prays to the Saviour draws the whole world with him and raises it to God.”  
~ Pope St John Paul II

“Do not think that Jesus Christ is forgetful of you, since he has left you, as the greatest memorial and pledge of his love, himself in the Most Holy Sacrament of the Altar.”  
~ St Alphonsus Liguori

“The Eucharist is a fire which inflames us.” ~ St John Damascene

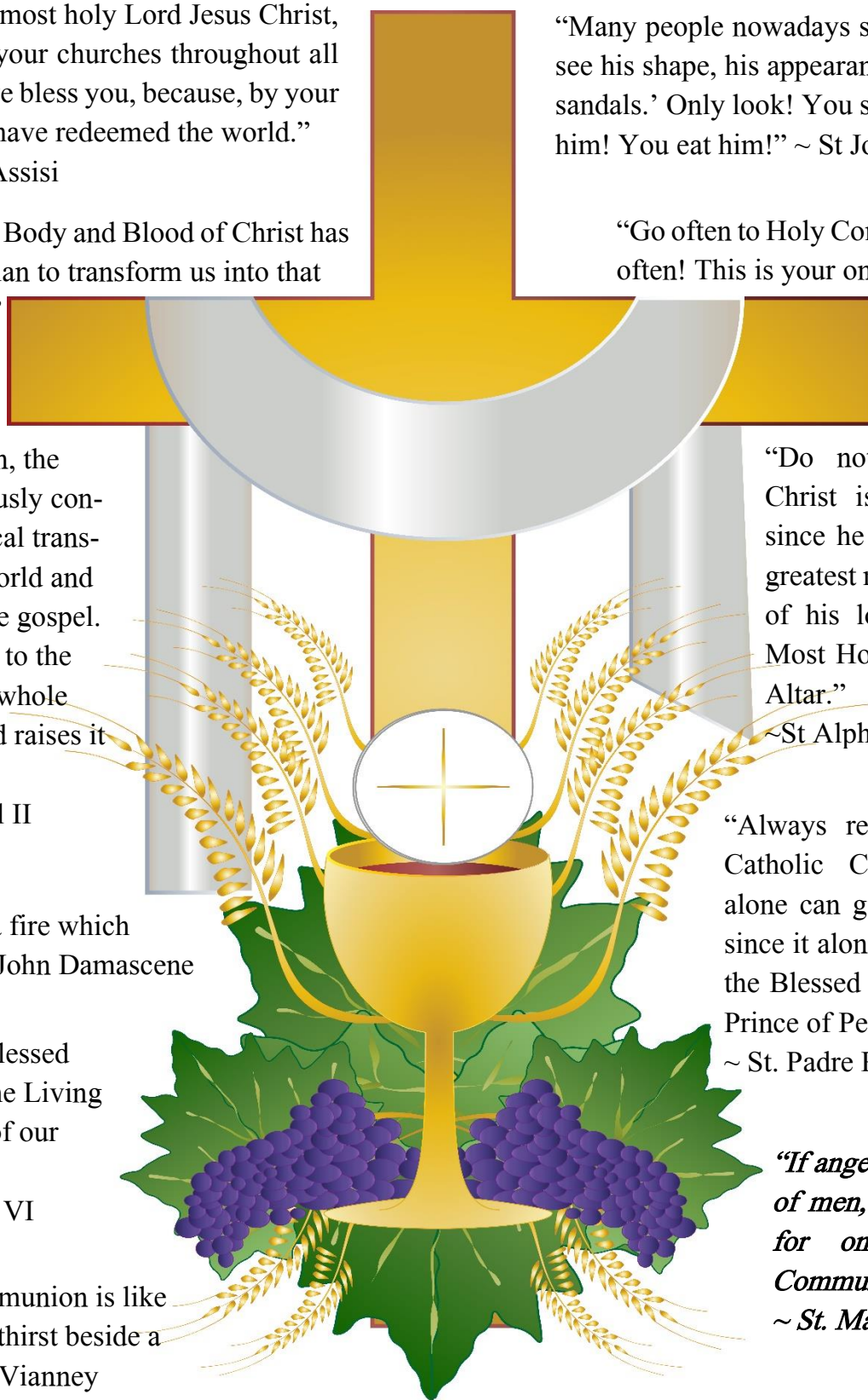
“Always remain close to the Catholic Church, because it alone can give you true peace, since it alone possesses Jesus in the Blessed Sacrament, the true Prince of Peace.”  
~ St. Padre Pio

“Jesus in the Blessed Sacrament is the Living Heart of each of our parishes.”  
~ Blessed Paul VI

*“If angels could be jealous of men, they would be so for one reason: Holy Communion.”*  
~ St. Maximilian Kolbe

“Not to go to Communion is like someone dying of thirst beside a spring.” ~ St John Vianney

“When the Sisters are exhausted, up to their eyes in work; when all seems to go awry, they spend an hour in prayer before the Blessed Sacrament. This practice has never failed to bear fruit: they experience peace and strength.” ~ St Teresa of Calcutta



# Pentecost and the Sacrament of Confirmation

by Ashley Crane | June 3, 2022

<https://sjvlaydivision.org/confirmation/>

Of all the sacraments, Confirmation is perhaps the least understood, even by many Catholics. But there is no better time than this Sunday's Feast of Pentecost to explore the truth and power of this sacrament, because the Sacrament of Confirmation applies the graces and gifts of Pentecost to each one of us personally!

The practice of administering the Sacrament of Confirmation to older children or even young adults has in part led to the idea that it is a coming-of-age sacrament or the opportunity for someone baptized as an infant to make the faith his or her own—to move from childhood to maturity, spiritually speaking.

While there is certainly an aspect of coming to maturity and deepening one's commitment to the faith in older recipients, these are not the primary fruits or graces of the sacrament. Waiting until the age of reason (or older, if the bishop so chooses for his diocese) is a requirement of canon law in the West, not a requirement for the validity of the sacrament. Confirmation may and should be administered earlier when a child is in danger of death, or for another grave reason (Code of Canon Law 891). And in the Eastern Catholic churches Confirmation is conferred right after Baptism.

The Church calls this sacrament "Confirmation" because it confirms or completes baptismal grace and strengthens the recipient in the gifts of the Holy Spirit (it is called "Chrismation" or simply "Anointing" in the East). It is the sacrament of witness and mission, by which we are definitively established as "a chosen race, a royal priesthood, a holy nation, God's own people, that you may declare the wonderful deeds of him who called you out of darkness into his marvelous light" (1 Peter 2:9). In it we are conformed to Christ and consecrated as both priest and sacrificial victim. We are also more firmly attached to the faith of the Church and thereby strictly obliged to witness to and defend that faith.

Confirmation is prefigured in the actions of anointing and laying on of hands in the Old Testament, when someone was consecrated for a special mission or office, especially priests (e.g. Aaron, Exodus 28:41), prophets (e.g. Isaiah, Isaiah 61:1), and kings (e.g. David, 1 Samuel 16:13). In addition to priests receiving the laying on of hands, we also see priests laying hands on sacrificial victims before offering them (see Exodus 29). In the New Testament, the laying on of hands is the primary sign of Confirmation. When the Apostles lay hands on the baptized, the Holy Spirit falls on them and Pentecost is continued in the Church (see Acts 8:14–17, 19:5–6).

Just as the Holy Spirit came upon the Apostles at Pentecost and filled them with the power to witness to Christ—such that some 3000 people believed and were baptized that day (Acts 2:41)—so too Confirmation fills us with that same power of the Holy Spirit to bear witness to Christ. We first receive the Holy Spirit and His gifts in Baptism, but the gifts of the Holy Spirit are strengthened in us in Confirmation when we are consecrated for the particular mission of bearing witness to Christ.

It's important to remember that we are not witnesses on our own power. Jesus tells us plainly: "Apart from me you can do nothing" (John 15:5). But the grace of Confirmation enables us to truly abide in God and depend on Him for the strength to fulfill the mission He has given us. The Catechism lists the effects of the sacrament:

- it roots us more deeply in the divine filiation which makes us cry, "Abba! Father!";
- it unites us more firmly to Christ;
- it increases the gifts of the Holy Spirit in us;
- it renders our bond with the Church more perfect;
- it gives us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly, and never to be ashamed of the Cross. —CCC 1303

This Pentecost, may we thank God for the gift of His Spirit and for giving us in the Sacrament of Confirmation "the full outpouring of the Holy Spirit as once granted to the apostles on the day of Pentecost" (CCC 1302)!

# 30 Inspirational Saint Quotes for the Sacrament of Confirmation

<https://www.catholiccompany.com/>

**1** "In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit." ~ St. Paul

**2** "Remember, then, that you received a spiritual seal, the spirit of wisdom and understanding, the spirit of knowledge and reverence, the spirit of holy fear. Keep safe what you received. God the Father sealed you, Christ the Lord strengthened you and sent the Spirit into your hearts as the pledge of what is to come."  
~ St. Ambrose

**3** "I wish not merely to be called Christian, but also to be Christian."  
~ St. Ignatius of Antioch

**4** "It is better to be a child of God than king of the whole world." ~ St. Aloysius Gonzaga

**5** "But it is God who establishes us with you in Christ and has anointed us, by putting his seal on us and giving us his Spirit in our hearts as a first installment." ~ St. Paul

**6** "Each of you knows that the foundation of our faith is charity. Without it, our religion would crumble. We will never be truly Catholic unless we conform our entire lives to the two commandments that are the essence of the Catholic faith: to love the Lord, our God, with all our strength, and to love our neighbor as ourselves." ~ Bl. Pier Giorgio Frassati

**7** "Prayer is the best armor we have, it is the key which opens the heart of God." ~ St. Padre Pio

**8** "While the world changes, the cross stands firm." ~ St. Bruno

**9** "What great faith our Lord Jesus Christ asks of us - and how just that is. Do we not owe him such faith? It looks impossible to us, but Jesus is Master of the impossible." ~ Bl. Charles de Foucauld

**10** "Be who you were created to be, and you will set the world on fire." ~ St. Catherine of Siena

**11** "Only in Christ can men and women find answers to the ultimate questions that trouble them. Only in Christ can they fully understand their dignity as persons created and loved by God." ~ Pope St. John Paul II

**12** "O Holy Spirit, descend plentifully into my heart. Enlighten the dark corners of this neglected dwelling and scatter there Thy cheerful beams." ~ St. Augustine

**13** "Work hard every day at increasing your purity of heart, which consists in appraising things and weighing them in the balance of God's will."  
~ St. Francis de Sales

**14** "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places . . . He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved."  
~ St. Paul the Apostle

**15** "I urge you to remain steadfast in faith, so that at last we will all reach heaven and there rejoice together." ~ St. Andrew Kim Taegon



**16** "Persevere in labors that lead to salvation. Always be busy in spiritual actions. In this way, no matter how often the enemy of our souls approaches, no matter how many times he may try to come near us, he'll find our hearts closed and armed against him." ~ St. Cyprian of Carthage

**17** "I ask you to consider that our Lord Jesus Christ is your true head and that you are a member of his body. He belongs to you as the head belongs to the body. All that is his is yours: breath, heart, body, soul and all his faculties. All of these you must use as if they belonged to you, so that in serving him you may give him praise, love and glory." ~ St. John Eudes

**20** "Keep to the ancient way and custom of the Church, established and confirmed by so many Saints under the inspiration of the Holy Spirit. And live a new life. Pray, and get others to pray, that God not abandon His Church, but reform it as He pleases, and as He sees best for us, and more to His honor and glory." ~ St. Angela Merici

**21** "We know certainly that our God calls us to a holy life. We know that he gives us every grace, every abundant grace; and though we are so weak of ourselves, this grace is able to carry us through every obstacle and difficulty."

~ St. Elizabeth Ann Seton

**22** "We ought to speak, shout out against injustices, with confidence and without fear. We proclaim the principles of the Church, the reign of love, without forgetting that it is also a reign of justice." ~ Blessed Miguel Pro

**23** "Pray as though everything depended on God. Work as though everything depended on you." ~ St. Augustine

**24** "Holiness consists simply in doing God's will, and being just what God wants us to be."  
~ St. Therese of Lisieux

**18** "To put into practice the teachings of our holy faith, it is not enough to convince ourselves that they are true; we must love them. Love united to faith makes us practice our religion." ~ St. Alphonsus Liguori

**25** "Let us thank God for having called us to His holy faith. It is a great gift, and the number of those who thank God for it is small." ~ St. Alphonsus Liguori

**26** "Let each of us accept the truth of the following statement and try to make it our most fundamental principle: Christ's teaching will never let us down, while like a house with nothing but sand as its foundation, while His own was like a building with solid rock as its foundation." ~ St. Vincent de Paul

**27** "In a world gone astray from God there is no peace, but it also lacks charity, which is true and perfect love... Nothing is more beautiful than love. Indeed, faith and hope will end when we die, whereas love, that is, charity, will last for eternity." ~ Blessed Pier Giorgio Frassati

**28** "Love Our Lady and make her loved; always recite the Rosary and recite it as often as possible." ~ St. Padre Pio

**29** "What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like."  
~ St. Augustine

**30** "We can study the whole history of salvation, we can study the whole of Theology, but without the Spirit we cannot understand. It is the Spirit that makes us realize the truth or—in the words of Our Lord—it is the Spirit that makes us know the voice of Jesus." ~ Pope Francis





**OLSH**

*Bus Trip*

**\$170 PER PERSON**

**Wednesday ~ August 14, 2024**

**VENUE**

Sight and Sound  
Lancaster, PA

**\*\* INCLUDES \*\***

Motorcoach Transportation,  
Show Ticket, Lunch, Tax &  
Gratuity for lunch.

**SECURE YOUR SPOT**

Payment is due at sign up

**ITINERARY**

- 8:45 AM Depart from Our Lady of the Sacred Heart Church Parking Lot
- 11:00 AM "Daniel" Show Time
- 2:30 PM Lunch Buffet at Bird in Hand Restaurant
- 6:00 PM Approximate Return to Church Parking Lot

To Register & Pay  
Online



**For more info:**

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